

Upcoming 2024 KDA Events

Feb. 24, 2024 Annual Volunteer Clinic

Central Kentucky Riding for Hope

Lexington, KY

April 6, 2024 KDA Early Spring Show

Flying Cross Farm

Goshen, KY

May 24-5, 2024 KDA Spring Warmup Show

Kentucky Horse Park (Rolex Arena)

Lexington, KY

May 26, 2024 KDA 37th Dressage Show

Kentucky Horse Park (Rolex Arena)

Lexington, KY

June 15-16, 2024 KDA WDAA Lite Show

Lakeside Arena

Frankfort, KY

July 20-1, 2024 KDA Summer Classic I&II

Kentucky Horse Park (Rolex Arena)

Lexington, KY

August 17, 2024 KDA Annual Schooling Show

Masterson Station Park

Lexington, KY

September 12-15, 2024:

1. Great American Insurance Group/United

States Dressage Federation Region 2

Championships

2. KDA Fall Classic I

Kentucky Horse Park

Lexington, KY

On the Cover: Charlotte (left) and Amanda Woodall (right), photographed by
Lisa Michelle Dean Photography

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At Large Members

Ellen Murphy Alex Belton Allison Deaton Jeri Matheny Susan Weiss Bethany Kraatz Kathy Priest



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Was Youth Club Jenn Boblitt

Join us for an exclusive Jr/Yr clinic with USDF certified instructor Jenn Boblitt. All KDA members can ride for free.

<u>Date</u>: February 18, 2024

Location: Alta Vista Farm, Goshen, KY

KENTUCKY



RSVP: julia.bancroft.magsam@gmail.com Include rider name, riding level, and coggins.

Daffodil Dressage Show

Lewis retired in their 60s and decided to move to
Lexington, KY to pursue eventing.
While both of these older women had riding experience, neither of them had more than starter-level skills. These women put their dreams into action, bought OTTBs, took lots of lessons, and began competing in events at the entry level. They joined the adult Pony Club for social and educational opportunities, and they became fast friends.

In the fall of 2023, they realized that there was a hole in the showing calendar, especially for green riders and/or horses like them. A previous team that organized shows had recently retired, so there was no longer an early season schooling dressage show in Lexington, KY. They had both found the early season show useful to get themselves and their horses in tune after the winter months, so they decided to build a new show to fill that same need for others. Because they were retired, they had the time. The show was an

opportunity to use old skills they had developed previously and to learn new ones, so they happily embarked on the journey.

Initial decisions were easy: where to hold the show, when to hold it, and what classes to offer. Precious and copious advice from Julie Congleton and others with show experience was invaluable. Jenny and Corinna soon came up with a name: Daffodil Dressage Show. Then, Jenny designed a logo, Corinna drafted a budget, Jenny created social media sites, Corinna pursued sponsorships, Jenny confirmed judges and a TD, and Corinna secured \$1 million show insurance. There were so many things to do! The show needed ribbons and bridle numbers, banners, tests for judges, lunch for all, porta-potties, and a bank account. By far, the biggest endeavors were the online platforms: Bluehorse, Startbox and Eventing Volunteers. These online platforms are excellent, critical tools for a show's success.



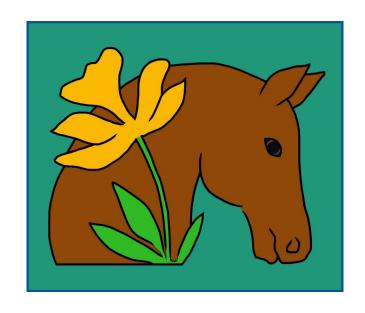
Daffodil Dressage Show

Continued from the previous page...

The online tools make it possible for two people to produce a show, and they are free or very low-cost for organizers. Jenny and Corinna can't praise enough the user-friendly design and in-person help they received from these platforms. Bluehorse makes it possible for riders to register for classes, rent stalls, and pay for the entire show, without Jenny or Corinna having to participate in those logistics. Startbox integrates with Bluehorse, so the data (rider, horse, classes, etc.) does not have to be re-entered. Startbox will also calculate scores and list riders' placements in classes and divisions so that riders can see who won the ribbons. Lastly, Eventing Volunteers is clear for organizers and volunteers alike. It includes a comprehensive dressage component used for the Daffodil Dressage Show. This platform is an essential tool for volunteers, as they can choose what and when they work at the show. All in all, these three online tools make the show accessible for everyone who wants to participate in some capacity.

The learning curve continues to be steep, but with compatible temperaments, lots of support and encouragement, and a commitment to community service, Jenny and Corinna are finding the journey very rewarding!

The Daffodil Dressage Show will be held March 30, 2024 at Masterson Station Park in Lexington, KY. It is MSEDA sanctioned and KDA approved. There will be a variety of classes offered, with some exclusively for amateurs. An early bird discount (\$10) is offered through March 10, 2024. Jenny and Corinna look forward to seeing many riders at the show!



Kentucky Dressage Association 2023 Awards

Young Rider/Junior Introductory Level:

Joshlyn Hernandez & Tuxedo

Young Rider/Junior Training Level:

Kayley Knollman & Amada Sorpresa 70.5

Young Rider/Junior First Level:

Riley Warner & Fifty Shades Lighter

Young Rider/Junior Second Level:

- 1. Isabelle Montes & Valentino 66.47
- Riley Warner & Fifty Shades Lighter 64.64

Young Rider/Junior Third Level:

- Ella Berkhofer & Gor Don Bleu 67.05
- Isabelle Montes & Valentino 64.57

Young Rider/Junior Freestyle:

Ella Berkhofer & Gor Don Bleu (3rd Level) 70.34

Adult Amateur Introductory Level:

 Alexandra Ryder Bluestein & Special Agent 62.42

Adult Amateur Training Level:

1. Kara Hertz & Really Really 71.24

Adult Amateur First Level:

- Kara Hertz & Really Really 67.81
- Nancy Herron & What's Up 67.07

Adult Amateur Second Level:

- 1. Julie Clark & Lionel 67.27
- Alexandra Belton & Art Collector 63.33

Adult Amateur Third Level:

- Samantha Brinkman-Berkhofer & Armani 65.18
- Catherine Donworth & Doolin Banjos 64.53

Adult Amateur Fourth Level:

- Julie Roche & Ynze Fan Vels 68.19
- Anastasia Curwood & Loughan Glen 63.62

Adult Amateur Intermediate:

Kristen Young & Elsbeth's Shiloh 60.87

Adult Amateur Freestyle:

- Anastasia Curwood & Loughan Glen (3rd level)
- 2. Anastasia Curwood & Loughan Glen (4th level)

Western Dressage:

- Tamra Williamson & Chasing A Dream 71.23
- Grace Grider & One Red Hot Gal 68.04
- 3. Kara Hertz & Always Lucky 60.20

Open Training Level:

 Susan Posner & Mandara 71.32

Open Third Level:

Reese Koffler-Stanfield & Der Zauberer

Open Fourth Level:

 Joan Gariboldi & Cantata 65.9

Open Prix St. Georges:

- Meghan Riviello & Irabel 73.37
- Meghan Riviello & Ynze Fan Vels 70.34

Open Grand Prix:

- Jennifer Conor & Perfil 69.19
- Jenn Boblitt & Confetti APT 62.98

Open Freestyle:

- Meghan Riviello & Ynze Fan Vels (4th level)
- Joan Gariboldi & Cantata (3rd level) 72.47
- 3. Linda Strine & Watch Me (4th level) 72.27
- Jennifer Conour & Perfil (GP) 72.11
- Joan Gariboldi & Cantata (4th level) 71.74
- Jenn Boblitt & Confetti APT (GP) 67.14

Materiale Division:

- 1. Jennifer Mingari & Phoenix 77.65
- Julie Clark & Hilda 76.95
- 3. Amelia Jean Foster & Izzabella CBF
- 4 Grace Grider & One Red Hot Gal 70.40

Young Horse (in hand):

1. Amelia Jean Foster & Izzabella CBF 73.73

Vintage Rider:

- Susan Posner 71.32
- 2. Julie Roche 68.19
- Nancy Herron 67.07
- Alexandra Ryder Bluestein



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KDA Banquet Award Winners



Award winners (left to right): Riley Warner, Isabelle Montes, Ella Berkhofer, and Joshlyn Hernandez



Award winners (left to right): Alexandra Belton, Samantha Brinkman-Berkhofer, Anastasia Curwood, and Kristen Young

All photography provided by Lisa Michelle Dean Photography: <u>lisamichelledeanphotography.shootproof.com/</u>





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GRANT WINNERS



Congratulations to the adult amateur winners of the \$750 grant:

Sara Geisinger Gray, Anne Heath, and Vivian Lasse-Overcash!

(to the right)



Congratulations to the winners of the open \$750 grant:

Reese Koffler-Stanfield and

Joan Gariboldi!

(to the left)



Congratulations to the winner of the KDA Young Rider Development Grant:
Riley Warner!

(to the left)

Show Ring Success

By: Kathy Priest

I have trained and coached many riders and horses through the highest levels of dressage. I think there are many important factors that go in to producing horses and riders of a competent level. My first tip is that everyone needs a competent coach or trainer who understands the training scale as it is written and described. Training horses, as well as riders, is a little bit like putting pieces of a puzzle together.

For me, horses for the inexperienced rider must be well-trained schoolmasters, which are forgiving of riders' mistakes and will do things correctly when asked. These horses are worth their weight in gold, as they are the easiest way to learn and improve the riders' ability to ride correctly. This is where a good, empathetic trainer comes in. It is invaluable to have a trainer who has taught a new rider before and understands how difficult it can be when learning. A good trainer protects both the rider and the horse.

I find that young horses are best for experienced riders that understand the training scale and have the patience and skill to teach the horse in a correct manner. However, even the experienced rider needs a good trainer that can help when difficulties or issues arise, as they oftentimes will. A good trainer with experience has lots of tools in their toolbox when dealing with issues like flying changes, for instance, or a horse that has difficult moving laterally like in the half passes.

After training and schooling, the young horse or the inexperienced rider are both ready to show. The first thing that comes to my mind is to not overwhelm either. The young horse, as well as the new rider, need a positive experience. Things can — and do — happen that undermine positivity, but if you are well prepared, it can be resolved with minimal damage. The key phrase is well prepared. Have you practiced the test? Have you looked at your video and critiqued your ride with your trainer? Have you exposed your young horse or yourself to riding and training in different places? Is it helpful to lunge the young horse and familiarize him in a new environment? Do you need extra time to familiarize yourself and feel confident? Many different things go into showing, and preparation is the key to building confidence.

After showing, some things were good, and some things will need attention. This is the time before the next show to reflect, train, and improve. Do you need to concentrate on more collection or better geometry when test riding? Do you need to concentrate more on your position to improve the half passes? All of these are questions you need to ask yourself and focus on trying to improve before the next show.

Showing always throws a few surprises at riders because it's very different to put those five or six minutes all together in front of everyone, including the judges. If a rider received a good score, they know they are on the right track. However, there is always room to improve and progress. If the show was difficult, and the score was not good, then it is time to reflect, watch the video, be honest with oneself, and try to improve one thing for the next time out. Do not move your horse or yourself up a level until you're confident and scoring well consistently. The judges are pretty impartial. Listen and reflect on what they have to say.

Keep riding. Keep training. Watch, read, reflect, and be empathetic with yourself, as well as your horse.

Becoming an FEI Rider

By: Meghan Riviello

ecoming an FEI rider looks different for everyone, but the journey has to start somewhere. One thing all upper-level riders have in common is their mastery of the basics. While most people think riding tempi changes, piaffe, and passage are what make a good upperlevel rider, this is only a fraction of the truth. Dressage is based on the concept of following the training scale to achieve harmony between horse and rider. The basis of that scale is focusing on rhythm, suppleness, and contact. As these skills develop. horse and rider can then start to focus on impulsion, straightness, and collection. All of these basic skills factor into the art of riding dressage.

In order to navigate this sport, it is also imperative to have a trainer that is with you every step of the way. Find a trainer who has

performed at the level in which you would like to reach in the future. If you want to ride in the upper levels, find someone with proven success at the upper levels to nurture your talent and steer you in the other horses that you the right direction. Their expertise will give you important insight on how to proceed and create a plan toward your goal. To grow in dressage, find someone with experience who has been there and done whatever you want to achieve.

Equine partners are also important teachers to utilize. The easiest way to learn to ride upper-level movements is to have a schoolmaster to help guide you. The schoolmaster is a forgiving horse who is tolerant enough to still perform what is asked, even with pilot errors. When riding a schoolmaster, you can learn how to ask for specific movements and

experience correct feelings without worrying much about the small details required of the rider. Using a schoolmaster and a trainer helps you look for those correct feelings in will ride or train in the future.

Unfortunately, not everyone will have the opportunity to afford a schoolmaster. However, hard work opens many doors. Most trainers will graciously welcome help to keep the barn running smoothly. It is very common to find people who will trade doing chores for lessons. Even if starting out only grants you access to watching lessons, that alone has immense value. So much of dressage has to do with making connections. The more people whom you can connect with, the better your chances are for success and riding opportunities.

Becoming an FEI Rider

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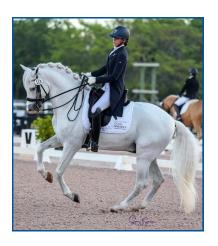
Next, ride as much as possible. If you find yourself in a situation that required once you get to allows you to ride multiple horses, jump on it. Every horse can teach you something different, just like every trainer can teach you something different. There is something to learn from everyone. Practice and repetition are the best way to become great at the physical act of riding. Not every ride will be perfect — trial and error allow you to discover what works and what does not. Horses themselves, like people, are individuals who also have good and bad days. Give yourself and your horse grace on the days where it doesn't feel like anything is coming together. Success will not happen overnight.

Becoming an FEI rider is about more than showing up to a show and dancing

in the ring. There is so much more involvement the upper level, and a certain level of horsemanship is expected. You are an athlete and so is your horse, so you must be able to create schedules for both of you that allow ample time to perform, train, and recover.

This is not to say that the lower levels don't require harmony between horse and rider; however, once you get into the more complicated requirements of dressage, there can be no doubt between yourself and your horse on what is expected. Your aids need to be refined, and you must be in tune with one another. There is a level of unparalleled respect and understanding in your partnership because you cannot verbally communicate with this partner. Everything must be in sync.

Before you make it to the show, there is a tedious amount of training and care for your horse that is required. Be prepared and do not be in a rush to go into the show ring. Riding horses is about more than winning ribbons and chasing scores. It is about real connection with your equine partner.





Photography above provided by Susan Stickle Photography.

Volunteerism in the Dressage Community

How Can We Build This?

By: Sheila T. Woerth, KDA Show Chairman

Dressage competitors want to attend shows at nice venues that have safe stabling, good footing, and good, fair judges and technical delegates. Competitors do not want to spend a lot of money to have these things.

Likewise, management needs to attract a sizable number of riders so that their shows can be successful. They work to maintain nice venues with all the aforementioned features and reasonable costs.

But what are the costs that shows are faced with? Most competitors have no idea what management must accomplish to organize a show, whether it is a schooling show or a USEF/USDF recognized show.

For the Kentucky Dressage Association (KDA), management's list for a schooling show or a USEF/USDF recognized show are about the same:



- Venue with appropriate space for trailers and stabling
- Secretary (Some shows may have an offsite show secretary that accepts entries and organizes ride times and stabling, but there still needs to be a Day-of-Show Secretary onsite)
- Show Manager
- Judge(s)
- A scribe for each judge
- Scorer(s) and score checker(s)
- Technical Delegate
- Volunteer Coordinator
- Ring Steward(s)
- Bit Checker(s)
- Runner(s)
- Award personnel
- Emergency Medical Technician(s)
- Hospitality Coordinator (and a caterer to provide lunch for all staff and volunteers)
- Portable restrooms
- Arena Setup and Takedown

Volunteerism in the Dressage Community Con.

or sanctioned USEF/USDF shows, managers usually must add more arenas. This means the number of volunteers increases from around 10 to around 50. At larger venues, such as the Kentucky Horse Park, it is also necessary to have a few golf carts, a farrier and veterinarian, and multiple hotels for officials, staff, and volunteers from out of town. In other words, the number of personnel and volunteers grows exponentially with sanctioned shows.

For Regional Championships, the requirements to operate shows grow even more. In addition to the previously noted positions, regional shows need up to 10 or more judges, two or more TDs (with one being from outside the region), a hospitality organizer for the officials, and more co-managers, co-secretaries, and awards people. The show must also utilize managers and secretaries who have a licensure for the advanced level of competition (Level 4), as well as judges who are qualified to judge specific classes. There are more requirements regarding everything from qualified grounds staff and photographers to awards personnel. The expenses and need for volunteers rise rapidly.

Every show must have knowledgeable and responsible staff who oversee procuring and assisting with volunteers. Volunteers are what keep shows alive! If all the volunteer roles were done by paid personnel, the costs would be too high. As a result, the costs would be passed on to the competitors and no one could afford to show. For example, the number of volunteers needed to run the Regional Championships with six competition rings, and warmup and lunging rings, could easily be 130 people.

Any competition must work within a feasible overall budget to accomplish all requirements, which quickly add up. The costs of the venues, officials, staff, travel expenses, accommodations, food (sometimes three meals a day), any parties and entertainment, and the myriad of other expenses that accompany a show can be sizeable. For Regionals, the costs and volunteer requirements become monumental.

All shows, from the smallest to the largest, need volunteers. Again, without volunteers, there would be no shows! Shows are becoming more expensive to hold, and to keep costs down for the competitors while maintaining enough personnel to function, <u>all shows need</u> volunteers.

Volunteerism in the Dressage Community Con.

Now, the good news! Did you know that Kentucky has the second highest number of people who volunteer? As an example, two from a hat out of all the names of 400 people volunteered when Santa Anita in California held the Breeders Cup. The following year, when the Breeders Cup was held at Keeneland Racecourse, 4,000 people signed up to volunteer in the first two weeks. Recently, over 2,500 people signed up in April to volunteer at the Kentucky Three Day Event, commonly known as Rolex. Moving forward, it is important to consider how competitions everywhere can develop — and maintain this level of volunteerism.

Jane Beshear, former First Lady of Kentucky, told a group of riders at the Kentucky Horse Park that there is a special culture of volunteerism in central Kentucky. Dressage managements across the United States need to tap into Kentucky's volunteer spirit by being welcoming, greeting volunteers with a smile, and giving back to them.

Management must show volunteers that they care and praise them for their help. They could give volunteers a T-shirt with the group logo and perhaps "volunteer" on the back or a dressage design. What about a swag bag with nifty items in it?

Management could have a special drawing where they select a name or those who had volunteered. They could announce the winners and have the volunteers pick up an award from the same first-place awards that the show gives out to their competitors.

Many tack stores will donate gift certificates for volunteers. Management can place notices of the volunteer winners with their picture on their Facebook pages, praising those who volunteered and won. They can also praise the volunteer who contributed the most hours. KDA gives double the volunteer hours for pre-show help (setting everything up) and post-show help (putting everything away).

Many of the staunch horse show volunteers, who have been in the trenches over the years, are getting older. Shows need to recruit new, younger people. Young volunteers are often delightful to work with and are hard workers. Workers need to develop the attitude of responsibility to give back to the discipline that they compete in or just have an interest. I personally volunteer because I want the event to succeed. As a community, can we foster that feeling in others, giving back to something bigger than ourselves?

Volunteerism in the Dressage Community Con.

The entire dressage community needs to make it easier for people to sign up to volunteer. While younger people are incredibly proficient at signing up on various web sites used by management, many older volunteers are not. Therefore, personal communication is key!

Personal communication means taking time and making the effort to reach out to potential volunteers. Management wants to keep those experienced older folks around by showing that they care. Personally, I have learned how to sign-up older people on the USEA website that KDA uses for volunteers. They are very appreciative of the help!

Together, we must find a way to lure riders away from just sitting back at the barns with their friends and their phone, convincing them to volunteer at the show. We could perhaps offer some incentives to inspire volunteerism in riders.

Could we offer a partial refund on the stabling fee to a rider whose name was pulled from a hat? There could be special conditions that they volunteered over a certain amount of hours and entered their event on Opening Day. This proposal would also ease management's stress of having riders enter the last few days of a show.

A similar reward method could be used for the rider who volunteered the most hours during the show even if they didn't enter on Opening Day. Perhaps volunteer hours be accumulated throughout the year in order to receive a prize before the last show of the year.

While the dressage community considers creative ways to develop the desire to volunteer, we also need to consider ways to make the shows more fun. Could we have a lead line class at lunchtime? A Prix Caprilli class? Stick horse races for the kids? Please reach out with other creative ideas to help build the 'fun' back into the shows.

Overall, it is through volunteering at shows — being a runner or ring steward, a scorer or scribe, or one of the other many necessary and important 'jobs' of a competition — that one experiences the importance of volunteerism. Volunteers help keep the show running on time and help keep the competitors happy. They work hard to keep the show alive!

Come volunteer and see the shows from an unfamiliar perspective; come volunteer and add your own insight on recruiting new volunteers; come volunteer and have fun!

Volunteer Updates!

KDA members,

Please consider registering as a volunteer! You can sign up at eventingvolunteers.com or use the online mobile app (Eventing Volunteers) for both iPhone and Android users. A tutorial on how to use the app will be provided to KDA members soon.

While there are currently no shows published online, you will receive an email about upcoming shows as soon as they are made available.

We are in *critical need* of volunteers for the Regional Championship event in September of this year. At least 100 volunteers are needed! Please lend a helping hand to keep our shows and competitions running smoothly. There are many different volunteer positions available.

Thank you to those that currently volunteer! KDA events could not function without each and every one of you.

Annual Volunteer Clinic

Date: February 24, 2024

Location: Central Kentucky Riding for Hope (4185 Walt Robertson Rd, Lexington, KY)

If you are interested in volunteering, KDA will host our annual Volunteer Clinic on Feb. 24, 2024 at Central Kentucky Riding for Hope in Lexington, KY.

This clinic will teach volunteers how to do bit checks, stewarding, scribing, scoring, and running.

The clinic will be both in-person and available via Zoom.



Kentucky Dressage Association

2024 MEMBERSHIP FORM

December 1, 2023 - November 30, 2024

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Name:					Farm/B	usiness:				
Street:			Phone:							
City, State, Zip:			USDF# (if known):):					
Email:										
Adult Amateur Open Junior/Young rider Non-Competing										
Memb	ghts	KDA Membership Type								
* USDF Group Membership				Renewing Member New Member						
* Discounts on Clinics				\$35 Junior Young Rider (under 21 as of 1/1/2023) DOB:				\$		
* Subscription to USDF E-Link, educational videos				\$58.50 Adult Individual				\$		
 Three weekends of USDF recognized shows Year End Awards & Banquet 				\$48 Adult Non-Competing				\$		
Five \$750 Dressage Education Grants				\$58.50 Family Primary DOB:			\$			
* \$500 College Scholarship				Limited to related household members.						
		ssage Educati	ion Grant	Each additional member cost \$12, added individually below.						
	-	s Newsletter		See F	See Page 2 for horse registration information.					
* Two Schooling Shows										
1st Additi	ional Fami	ly Member n	ame:			Add				
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Megan Carr 5101 Emery Avenue Louisville, KY 40214					Ad	Additional Horses (see page 2 for details)				
				(Or		N	\$			
						(One registration per member/family included.)				
					Donation to the Volum		the Volunteer Fund	\$		
To pay b			Online payment methods:							
Name on										
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Signature:					Website – www.KentuckyDressageAssociation.com/join-the-KDA					
201										
3% processing fee if pay by credit card										

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\$

TOTAL TO PAY:

YEAR END AWARD ELIGIBILITY

To be eligible for year-end awards, register your horse(s) with KDA and complete eight (8) volunteer hours. Four (4) of these must be completed by the member. See KDA website, www.kentuckydressageassociation.com/yea-rules, for full year end award rules and details.

Primary Family member reco	eives one horse registration.	,						
Horse Name	Breed	Rider	Owner					
\$10 for each additional comp	peting horse. Also, \$10 for each	additional horse per each additional fa	mily member.					
Horse Name	Breed	Rider	Owner					
have done this, go to th		ter 'Kentucky Dressage Association	r log-in if you already have one). Once you on' to start earning for KDA. You can also					
Donate to the KDA Vol	lunteer Fund							
Proceeds from this colle	ection will provide the oppo	ortunity for KDA full time volunte	eers to attend our annual banquet. These					
special people donate long hours and work behind the scenes to make our shows run smoothly!								
Did someone refer you	to KDA? Please provide t	heir name:	·					
Recruit a new member f	for volunteer hours! Check	opportunities for amassing volume	nteer hours through our website:					
www.kentuckydressage	eassociation.com/volunteer	<u>s</u>						
	to any other postal mailings.		act info shared with other KDA members.					